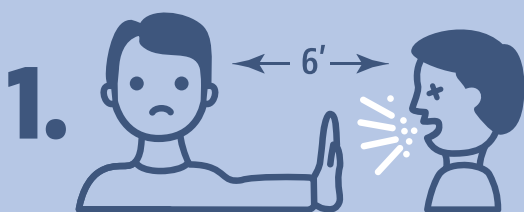
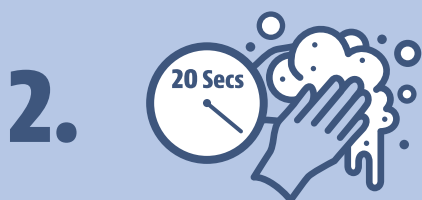


STOP THE SPREAD OF GERMS

HELP PREVENT THE SPREAD OF RESPIRATORY DISEASES LIKE COVID-19



AVOID handshakes, hugs, large crowds, and people who are sick. Keep a six foot distance from others.



WASH HANDS OFTEN with soap and water for at least 20 seconds.



COVER your cough or sneeze with a tissue or do so into your elbow.

AVOID touching your eyes, nose and mouth.



STAY HOME when you are sick, except to get medical care.



WIPE DOWN AND DISINFECT frequently touched objects and surfaces daily.



Summit Medical Group
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